

Rater and Clinical Utility Training



A M H O C N

Adult

“Sharing Information to Improve Outcomes”

An Australian Government funded initiative



A joint Australian, State and
Territory Government Initiative

Objectives of the workshop



- Provide an opportunity for clarification of the rating rules of the measures which make up the National Outcomes and Casemix Collection (NOCC).
- Provide an opportunity to explore the clinical utility of the measures which make up NOCC including;
 - Using the consumer self assessment to support the assessment process, the process of engagement with the consumer, along with consumer empowerment.
 - Using the clinician rated measures and the consumer self assessment measure to support clinical practice.
- Provide an opportunity to explore and discuss the clinical reference material produced by AMHOCN.
- Provide an opportunity to explore the use of NOCC and additional information collected in mental health to better understand variation between service providers.

Rate the HoNOS

- Read the vignette
- Watch video
- Rate HoNOS - refer to the glossary!



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Feedback on rating



- Have the group share their HoNOS ratings
- Why are there differences in ratings?

HoNOS revision



- Key measure of severity
- Brief; 5 minutes to rate
- Acceptable and useful to clinicians
- Specifically broad spectrum
- Satisfactory inter-rater reliability
- Change in scores correlate with independent clinical ratings of change
- Training required



The HoNOS 12 Scales

Clinician Rated from “0” No Problem to “4” Severe Problem within the last two weeks



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- 1. Overactivity, aggression
- 2. Non-accidental self-injury
- 3. Problem drinking or drug-taking

BEHAVIOUR

- 4. Cognitive problems
- 5. Physical illness or disability problems

IMPAIRMENT

- 6. Hallucinations/delusions
- 7. Problems with depressed mood
- 8. Other mental and behavioural problem

SYMPTOMS

- 9. Problems with relationships
- 10. Problems with activities of daily living
- 11. Problems with living conditions
- 12. Problems with occupation and activities

SOCIAL

HoNOS Scoring



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- Each item is scored:
 - 0 = no problem
 - 1 = sub-clinical problem
 - 2 = mild problem
 - 3 = moderate problem
 - 4 = severe problem
 - 9 = not known
- Users are provided with a set of criteria for each rating level

Sources of Information



- The measures are not clinical interviews. Information should be gathered from:
 - The consumer
 - Direct observation
 - Information in the medical record
 - Information provided by other staff
 - Information provided by family and friends
 - Information provided by other agencies including general practitioner, housing, police and ambulance staff

HoNOS rating rules



- Rate each item in order from 1 to 12
- Do not include information rated in an earlier item, i.e. minimal item overlap
- Rate the most severe problem that has occurred over the previous two weeks
- Consider both the **impact on behaviour** and/or the **degree of distress** it causes
- When in doubt read the glossary

Important variations in rating guides



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	'CORE RULES'	
SCALE	RATE THE WORST MANIFESTATION	RATE OVER THE PAST 2 WEEKS
Scales 1-8	Always	Always
Scales 9-10	Based on usual or typical	Always
Scales 11-12	Based on usual or typical	May need to go back beyond two weeks to establish the usual situation



Rating the HoNOS

				Monitor ?	Active treatment or management plan ?
Clinically Significant	4	Severe to very severe problem	Most severe category for patient's with this problem. Warrants recording in clinical file. Should be incorporated in care plan. <i>Note – patient can get worse.</i>	✓	✓
	3	Moderate problem	Warrants recording in clinical file. Should be incorporated in care plan.	✓	✓
	2	Mild problem	Warrants recording in clinical notes. May or not be incorporated in care plan.	✓	Maybe
Not Clinically Significant	1	Minor problem	Requires no formal action. May or may not be recorded in clinical file.	Maybe	✗
	0	No problem	Problem not present.	✗	✗

LSP-16



- Key measure of function and disability in people with mental illness
- Complements the problem-based HoNOS
- Developed by a New South Wales team in the 1980's
- Original scale = 39 items; reduced to 16
- Brief; 5 minutes to rate
- Good inter-rater reliability
- Sensitive to change
- A non-technical instrument - originally designed to require little or no training
- Focus is on the person's general functioning - how the person functions in terms of their social relationships, ability to do day-to-day tasks etc

LSP-16 Rating Rules

- Use all available information, from any source
- The LSP-16 is not a clinical interview
- Rate **the general level of functioning** over the last 3 months
- Four Subscales
 - Withdrawal;
 - Antisocial behaviour;
 - Self-care; and
 - Compliance.

Rating the Focus of Care



- Assesses the primary goal of care.
- Based on concept of ‘phase of illness’ in people with psychiatric disorders.
- Rate main focus of care over whole episode - is therefore a **retrospective measure**.
- Single rating item to identify the main ‘focus of care’.
- Measures categories not rankings.



FOCUS OF CARE	PRIMARY GOAL
Acute	Short-term reduction in severity of symptoms and/or personal distress associated with recent onset or exacerbation of psychiatric disorder.
Functional Gain	Improve personal, social or occupational functioning or promote psychosocial adaptation in a patient with impairment arising from a psychiatric disorder.
Intensive extended	Prevent or minimise further deterioration and reduce risk of harm in a patient who has a stable pattern of severe symptoms/frequent relapses/severe inability to function independently, and is judged to require care over an indefinite period.
Maintenance	Maintain level of functioning , minimise deterioration or prevent relapse where the patient has stabilised and functions relatively independently.



Diagnosis

- Principal Diagnosis

The Principal Diagnosis is the diagnosis established after study to be chiefly responsible for occasioning the consumer's care during the preceding *Period of Care*.

- Additional Diagnoses

Identify main secondary diagnoses that affected the consumer's care during the period in terms of requiring therapeutic intervention, clinical evaluation, extended management, or increased care or monitoring. Up to two *Additional Diagnoses* may be recorded.

Mental Health Legal Status



- Was the person treated on an involuntary basis (under the relevant mental health legislation) at some point during the preceding *Period of Care*?

Consumer Self Assessment in Clinical Practice



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Activity



- Part One
 - Offering the consumer self assessment.
- Part Two
 - Providing feedback on the consumer self assessment.

Consumer Self Assessment



- Tool to support clinician assessment and consumer understanding of change over time.
- A process to engage the consumer and clinician in a meaningful dialogue to strengthen the working partnership.
- An opportunity for the consumer to contribute to their journey of recovery.

Offering the Consumer Self Assessment Measure



General Rule: Always offer the Consumer Self Assessment.

- Complements the clinician rated measures.
- Completion by the consumer is always voluntary.
- Consumer self assessment information is subject to the same rules of confidentiality and privacy as all the other information held in their file.
- Explain why it is important that the consumer completes the consumer self assessment measure.
- Non completion will not have any detrimental effect on treatment.
- Encourage the consumer to answer all the questions but accept partial completions.
- Explain who is going to use the information.
- Explain how the information will be used.



When not to offer the Consumer Self Assessment

- **Temporary Contraindication**
 - Cognitive
 - Distressed
 - Behaviourally disturbed
- **General Exclusion**
 - As a result of an organic mental disorder or a developmental disability
- **Cultural or language issues make the self-report measure inappropriate.**

Making Sense of the Numbers



- Compare and contrast the consumer's presentation with available reference material

Care/ Treatment Planning



- What would you do before seeing the consumer and/or carer again?
- During your next session, what would you do?
- What would you expect as the outcome of this next session? How would you know if it was a success?

Understanding variation in teams



- Which unit services consumers with more severe psychotic phenomena?
- Which unit services consumers with less severe problems in relation to self harm?
- How might this data be used by Bingara to plan programs or improvements?
- How might this data be used by Werris Creek to plan programs or improvements?
- What additional information is required to better understand variation between service units?

For information, news and an online forum see www.mhnocc.org



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Mental Health National Outcomes and Casemix Collection

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Forum	Messages	Topics	Last message
NOCC Standard Reports - Reports Discussion			
NOCC Standard Reports Discussion of NOCC Standard Reports	29	13	Wed, 23 November 2005 By: John63
Issues Regarding NOCC Clinical Measures - Issues Regarding NOCC Clinical Measures			
Health Of The Nation Outcome Scales (HoNOS) Moderator(s): Adam Clarke Bill Buckingham Tim Coombs	43	17	Thu, 06 October 2005 By: Philo Burgess
Abbreviated Life Skills Profile (LSP-16) Moderator(s): Adam Clarke Bill Buckingham Tim Coombs	5	2	Tue, 15 February 2005 By: mean
Resource Utilization Groups - Activities Of Daily Living (RUG-ADL) Moderator(s): Adam Clarke Bill Buckingham Tim Coombs	4	2	Thu, 22 April 2004 By: Bill Buckingham
Focus Of Care (FOC) Moderator(s): Adam Clarke Bill Buckingham Tim Coombs	0	0	n/a
Health Of The Nation Outcome Scales For Children And Adolescents (HoNOSCA) Moderator(s): Adam Clarke Bill Buckingham Peter Brann Tim Coombs	13	5	Mon, 05 December 2005 By: Peter Brann
Childrens Global Assessment Scale (CGAS) Moderator(s): Adam Clarke Bill Buckingham Tim Coombs	0	0	n/a
Factors Influencing Health Status (FIHS) Moderator(s): Adam Clarke Bill Buckingham Peter Brann Tim Coombs	3	2	Fri, 09 May 2003 By: Peter Brann
Strengths And Difficulties Questionnaire (SDQ) Moderator(s): Adam Clarke Bill Buckingham Peter Brann Tim Coombs	10	5	Mon, 27 September 2004 By: Merne Carling
Health Of The Nation Outcome Scales For Elderly People (HoNOS65+) Moderator(s): Adam Clarke Bill Buckingham Tim Coombs	7	4	Fri, 12 August 2005 By: Brad

Internet