

InforMHQ

# Sharing Perspectives: Collaborative Use of Outcome Measures in Clinical Practice.





### Welcome

- Welcome
- Acknowledgement of Country
- Acknowledgement of Lived Experience



#### Overview

- Background and rationale
- Previous experience with standard measures
- Activities: Skills rehearsal
  - Introduction and talking about change
- Evaluation



#### Current evidence

- Providing formal, ongoing feedback to therapists regarding clients' experience of the (therapeutic) alliance and progress in treatment resulted in significant improvements in both client retention and outcome. Miller, Duncan et al (2006)
- Measuring, monitoring and predicting treatment failure (feedback) enhances treatment outcomes for patients who have a negative response (deteriorate) Lambert, Harmon et al (2005)
- Short term mental health outcomes are improved if feedback consists of information on mental health progress, rather than simply reports on consumer status. Feedback should be received by both the consumer and the clinician rather than simply one of them and that feedback is given frequently rather than only once. Knaup, Koesters et al (2009)



### Previous Experience

- How have you used the measures in the past
  - Engagement
  - Assessment
  - Monitoring change
  - Talking about change
  - Explore differences in perspective
  - Goal setting



### HoNOSCA

				Monitor ?	Active treatment or management plan?
Clinically Significant	4	Severe to very severe problem	Most severe category for patients with this problem. Warrants recording in clinical file. Should be incorporated in care plan. Note – patient can get worse.	<b>√</b>	✓
	3	Moderate problem	Warrants recording in clinical file. Should be incorporated in care plan.	✓	✓
	2	Mild problem	Warrants recording in clinical notes. May or not be incorporated in care plan.	✓	<b>✓</b>
Not Clinically Significant	1	Minor problem	Requires no formal action.  May or may not be recorded in clinical file.	Maybe	×
	0	No problem	Problem not present.	×	×



# Strengths and Difficulties Questionnaire (SDQ)





## Engagement, Assessment and talking about change





### ABCs



Put outcome measures on the agenda

Build

Build confidence and ownership

Change

Recovery orientated and outcomes focused

Share

Share perspectives



### Activity 1: Introducing the NOCC measures to the consumer

Consumer / Carer



Observer



Clinician



### Facilitated discussion

Issues in introducing the measures



### Activity 2: Using the measures to talk about change

Carer / Consumer



Observer



Clinician



### Facilitated discussion

Issues in talking about change on the measures?