



InforMHQ

# Sharing Perspectives: Collaborative Use of Outcome Measures in Clinical Practice.



Queensland Government



# Welcome

- Welcome
- Acknowledgement of Country
- Acknowledgement of Lived Experience



# Overview

- Background and rationale
- Previous experience with standard measures
- Activities: Skills rehearsal
  - Introduction and talking about change
- Evaluation

# Current evidence

- Providing formal, ongoing feedback to therapists regarding clients' experience of the (*therapeutic*) alliance and progress in treatment resulted in significant improvements in both client retention and outcome. Miller, Duncan et al (2006)
- Measuring, monitoring and predicting treatment failure (feedback) enhances treatment outcomes for patients who have a negative response (*deteriorate*) Lambert, Harmon et al (2005)
- Short term mental health outcomes are improved if feedback consists of information on mental health progress, rather than simply reports on consumer status. Feedback should be received by both the consumer and the clinician rather than simply one of them and that feedback is given frequently rather than only once. Knaup, Koesters et al (2009)



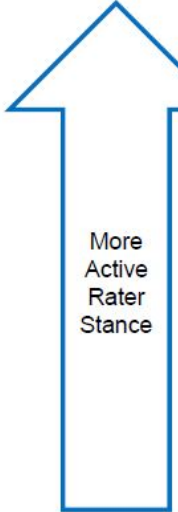
# Previous Experience

- How have you used the measures in the past
  - Engagement
  - Assessment
  - Monitoring change
  - Talking about change
  - Explore differences in perspective
  - Goal setting

# HoNOS

|                            |   |                               |   | Monitor ? | Active treatment or management plan ? |
|----------------------------|---|-------------------------------|---|-----------|---------------------------------------|
| Clinically Significant     | 4 | Severe to very severe problem | Most severe category for patients with this problem. Warrants recording in clinical file. Should be incorporated in care plan. <i>Note – patient can get worse.</i> | ✓         | ✓                                     |
|                            | 3 | Moderate problem              | Warrants recording in clinical file. Should be incorporated in care plan.   | ✓         | ✓                                     |
|                            | 2 | Mild problem                  | Warrants recording in clinical notes. May or not be incorporated in care plan.  | ✓         | ✓                                     |
| Not Clinically Significant | 1 | Minor problem                 | Requires no formal action. May or may not be recorded in clinical file.   | Maybe     | ✗                                     |
|                            | 0 | No problem                    | Problem not present.  | ✗         | ✗                                     |

# LSP-16

| Rating | Clinicians perspective  | Discussed with consumer  | Difference in perspective?   | Goal Setting (SMART)   |
|--------|---|--|--|--|
| 3      | Generally has a significant impact on consumer functioning in a variety of areas over rating periods                                    | A significant issue for the rater  | Rater's obligations in contrast to consumer perspective?                           |  <p>More Active Rater Stance</p> |
| 2      | Generally has a significant impact in one area of consumers functioning or moderate impact in a variety of areas over the rating period | Seen as an issue by the rater that requires attention                                  | Rater's concerns in contrast to consumer perspective?                              |  |
| 1      | Generally has a moderate impact in one area of consumers functioning or mild impact in a variety of areas over the rating period        | An issue that may require attention or an area that identifies the consumers strengths | Rater's observation of strengths and deficits in contrast to consumer perspective? |  |
| 0      | Generally has no impact on consumers functioning over the rating period   | An area of strength  | Rater's observation of strengths encourages personal ownership and responsibility  |  |

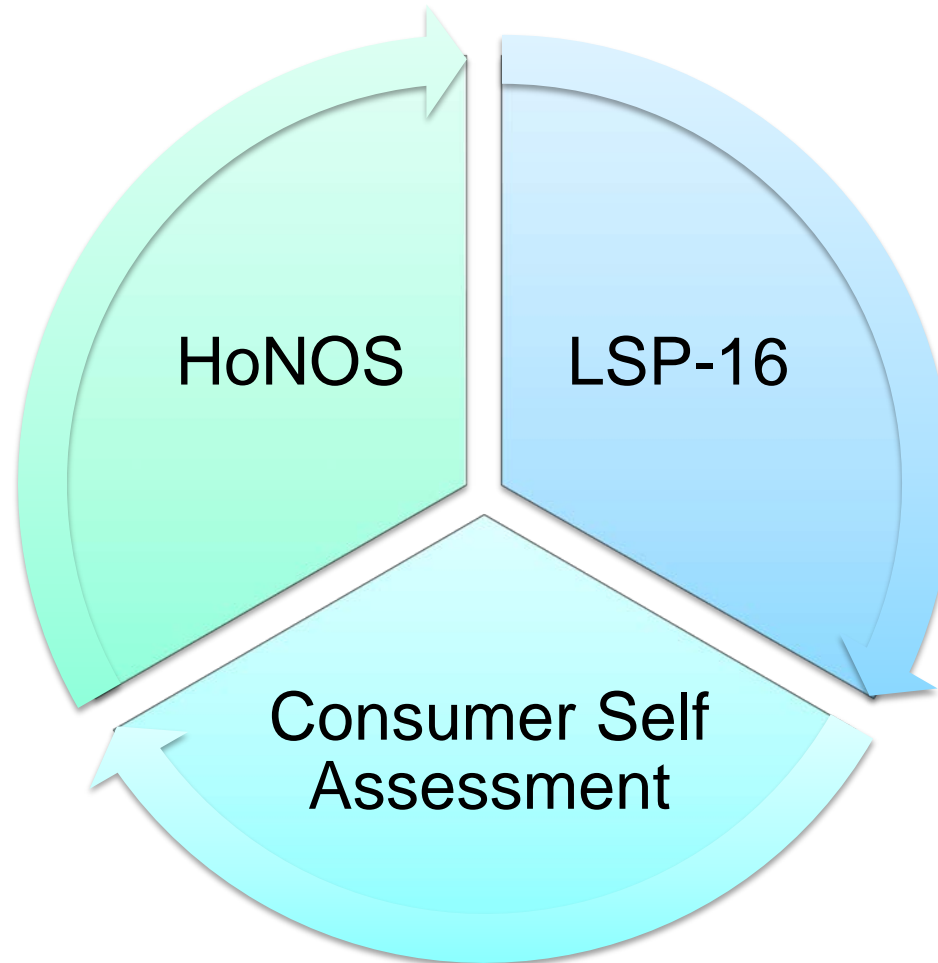
# Consumer Self Assessment Measure



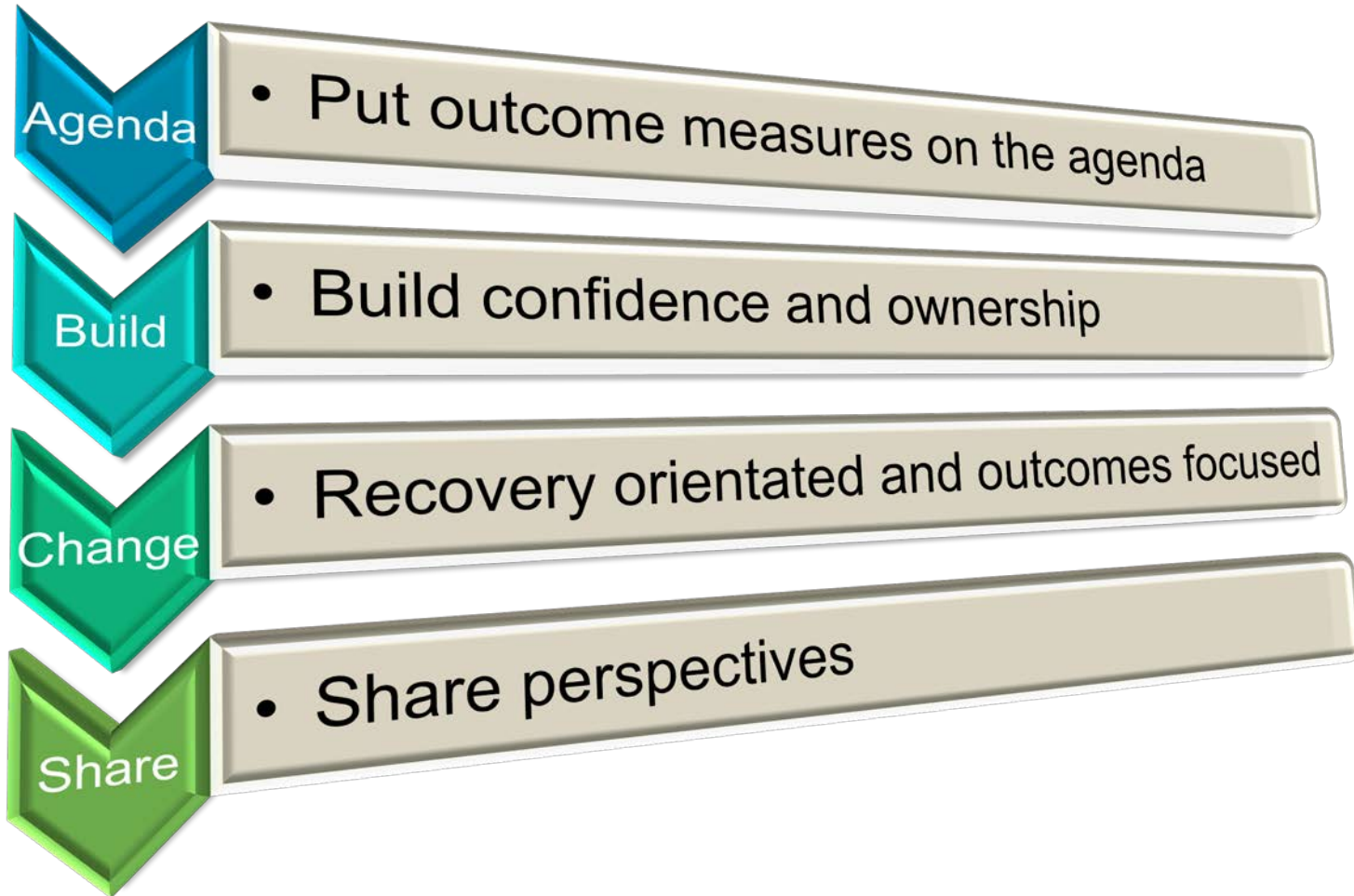




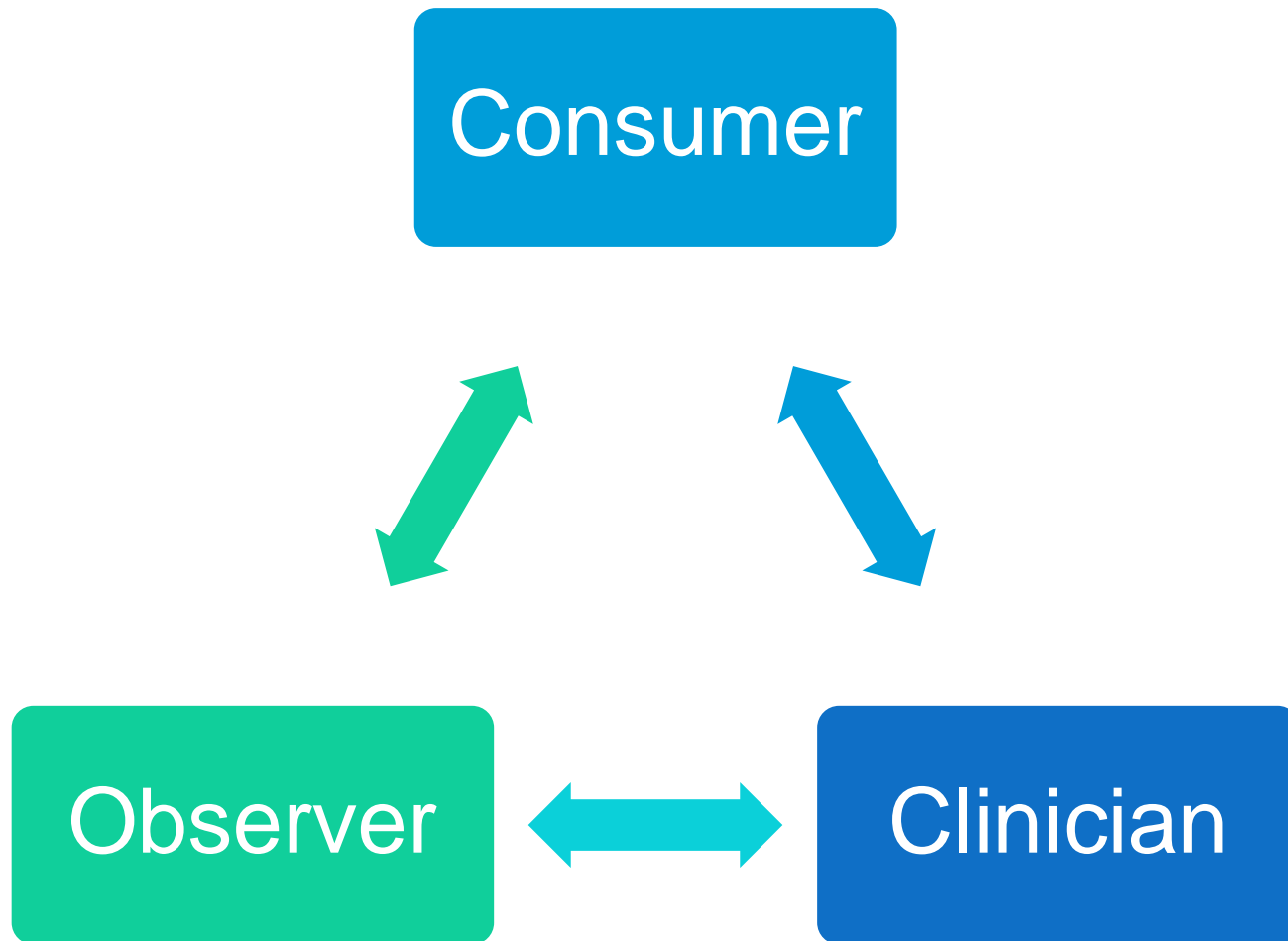
# Engagement, Assessment and talking about change



# ABCs



# Activity 1: Introducing the NOCC measures to the consumer



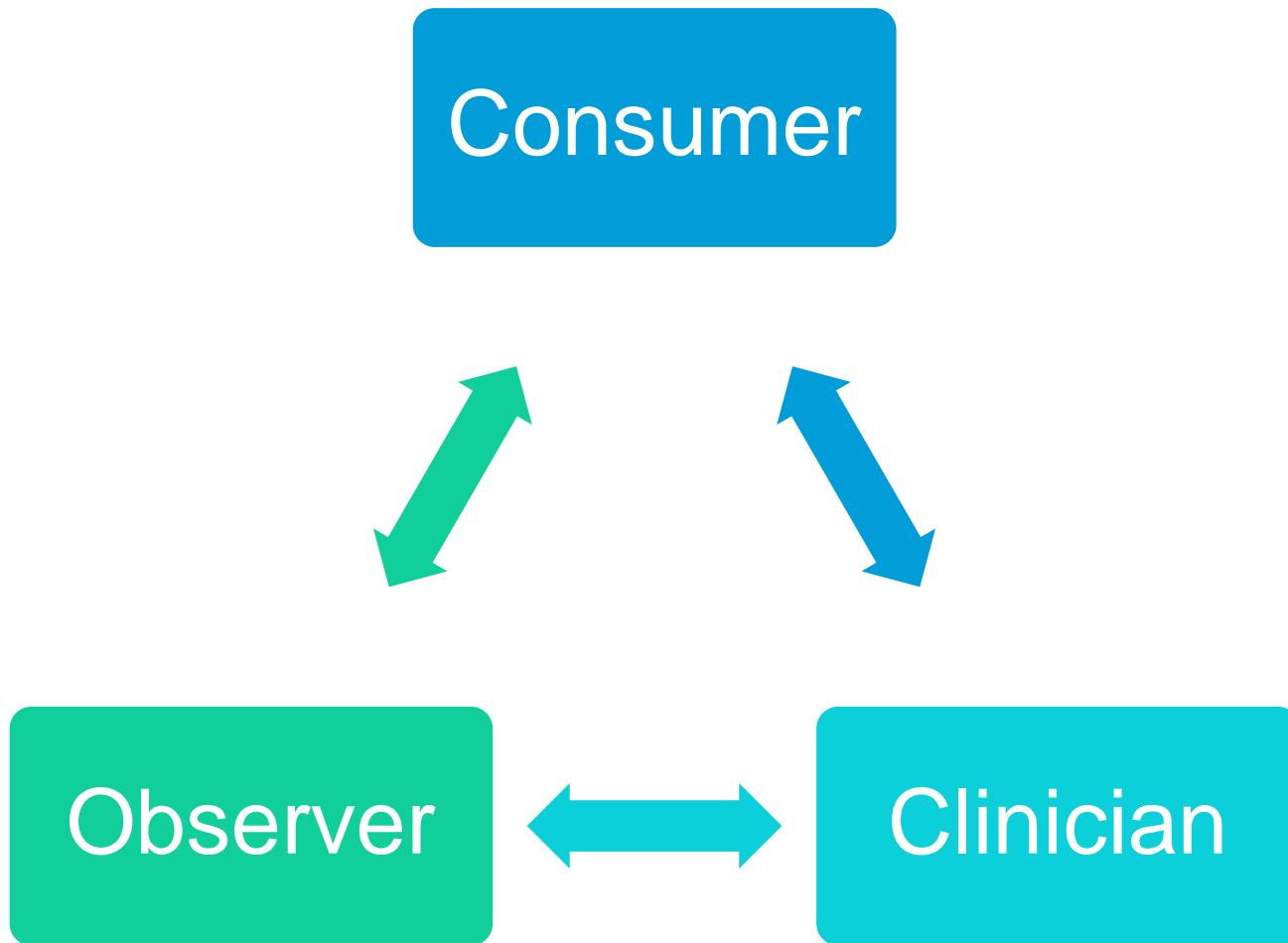


# Facilitated discussion

- Issues in introducing the measures



# Activity 2: Using the measures to talk about change





# Facilitated discussion

- Issues in talking about change on the measures?