

Anderson, 35 years Admission

Anderson is a 35-year-old father of 3 who has been brought to emergency department by his wife and a family friend who is a GP. His wife Marie and Anderson had gone to see their friend/GP this morning as she was concerned by Anderson's uncharacteristic, dramatic behaviour changes. She has been trying to talk Anderson into seeking help voluntarily over the last few days and he had declined. She is currently concerned for his wellbeing. He has reluctantly accompanied them to the emergency department, as the GP has indicated that, he may need to start the Mental Health Act process.

Anderson had been diagnosed as suffering from depression 6 weeks prior and had been prescribed antidepressants. He had become depressed in response to chronic work-related stress. He is the owner of a large electrical store which has had a significant downturn in business in the last year. Unbeknown to her, he had used their home as the security for the increased business loan. She only found out about this yesterday and confronted Anderson. The ensuing argument seems to have "pushed him over the edge", with his becoming extremely agitated. He started "ranting and raving like a madman" and she had become worried that he would hit her. Instead, he threw a plate against the wall and then began punching the wall and front door with two hands over and over again. He left the house in a highly distressed state and did not return until the early hours of this morning. On his return his hands were noticeably bloodied and bruised. At this time, they went to see their friend/GP who cleaned up the wound and found no evidence of fractures however they had to be heavily bandaged and then they have come to the emergency department.

The changes that she noticed 3 weeks ago included increased cheerfulness and energy. A fortnight ago his libido began to improve. In the last week this has proven to be problematic with his wanting sex at least once every day and has sometimes woken her at night wanting to have more sex. He has not slept for 3 days but has spent the time drawing up "new business plans" which he says will solve all their problems and bring them "fame and fortune". When she looked at the plans, she could not understand them, as they just seemed to be a series of repetitive doodles. Over the last few days, he has also begun wearing very bright clothes which he had purchased recently and changed his hairstyle and colour. What started off as a more cheerful mood has changed into incessant talking, which has become increasingly argumentative and inappropriate. He upset a close family friend a couple of days ago with inappropriate sexual comments about her breasts. When Marie called him at work yesterday to remind him to pick up one of the kids from soccer practice, she found out that he had not been at work for the last 2 days. Apparently 3 days ago he had bought his employees gifts after a shopping spree he did in the middle of the day. When she checked their credit card expenses on the internet, she was shocked by the amounts he has been spending and what he has been spending it on.

She states that he has been a very good husband and father to their 3 children. He has always been very "hands on" and helpful at home, helping with cooking, cleaning and other tasks as required. This has changed recently as he says he has more important things to do. He has been a good provider and they have a "lovely home with all the bells and whistles". They have had "a wonderful life, with a close family and many friends". He is actively involved in the community, particularly Rotary, where he coordinates a number of initiatives. He has type 2 diabetes mellitus that when first diagnosed was poorly managed and was impacting on his work. However, more recently this has been well managed, and he is in good health otherwise. He drinks socially. While he used "party" drugs such as ecstasy during his adolescence, he has not taken any drugs for the last 15 years. She is worried that he may be manic, as there is a family history of Bipolar Mood Disorder.

Anderson presents as a very well groomed, attractive man, with bleached blond hair. He is dressed in a bright yellow shirt with purple pants and red shoes. During the admission process Anderson is very agitated, cannot sit still, keeps getting up and walking around the interview room, asking questions and becoming irritable when encouraged to answer the questions he is being asked. At times his speech is very disorganised, he is still able to be understood even though he leaps from topic to topic. He is orientated to time, place and person. Anderson denies hallucinations but states cryptically that he is destined for greatness, as he is in the process of developing new business models that will revolutionise how business is done. "It will blow everyone away". Anderson denies any suicidal ideas saying, "why should I when things are going so good."