

# Factors Influencing Health Status (FIHS)

## Rating guidelines

The clinician is required to rate the items retrospectively, at the end of the episode or at 91-day review.

Completing the scale simply requires, for each item, an indication of whether any of the listed factors required special clinical evaluation, therapeutic treatment, diagnostic procedures or increased clinical care and/or monitoring during the course of the episode.

Only record a problem as being present where the problem has required specific intervention or additional treatment resources over the preceding Period of Care.

Where a problem can be coded under more than one FIHS category, it should be recorded once, using the category of 'best fit'.

## FIHS item elaboration

	YES	NO	
1	<input type="checkbox"/>	<input type="checkbox"/>	<b>Maltreatment syndromes</b> <i>Includes:</i> <ul style="list-style-type: none"><li>• neglect or abandonment;</li><li>• physical abuse;</li><li>• sexual abuse; and</li><li>• psychological abuse.</li></ul>
2	<input type="checkbox"/>	<input type="checkbox"/>	<b>Problems related to negative life events in childhood</b> <i>Includes:</i> <ul style="list-style-type: none"><li>• loss of love relationship in childhood;</li><li>• removal from home in childhood;</li><li>• altered pattern of family relationships in childhood;</li><li>• problems related to <u>alleged</u> sexual abuse of child by person within primary support group;</li><li>• problems related to <u>alleged</u> sexual abuse of child by person outside primary support group;</li><li>• problems related to <u>alleged</u> physical abuse of child;</li><li>• personal frightening experience in childhood; and</li><li>• other negative life events in childhood.</li></ul>
3	<input type="checkbox"/>	<input type="checkbox"/>	<b>Problems related to upbringing</b> <i>Includes:</i> <ul style="list-style-type: none"><li>• inadequate parental supervision and control;</li><li>• parental overprotection;</li><li>• institutional upbringing;</li><li>• hostility towards and scapegoating of child;</li><li>• emotional neglect of child;</li><li>• other problems related to neglect in upbringing;</li><li>• inappropriate parental pressure and other abnormal qualities of upbringing; and</li><li>• other specified problems related to upbringing.</li></ul>

	YES	NO	
4	<input type="checkbox"/>	<input type="checkbox"/>	<b>Problems related to primary support group, including family circumstances</b> <i>Includes:</i> <ul style="list-style-type: none"> <li>• problems in relationship with spouse or partner;</li> <li>• problems in relationship with parents and in-laws;</li> <li>• inadequate family support;</li> <li>• absence of family member;</li> <li>• disappearance and death of family member;</li> <li>• disruption of family by separation and divorce;</li> <li>• dependent relative needing care at home;</li> <li>• other stressful life events affecting family and household;</li> <li>• other specified problems related to primary support group;</li> <li>• problem related to primary support group; and</li> <li>• unspecified.</li> </ul>
5	<input type="checkbox"/>	<input type="checkbox"/>	<b>Problems related to social environment</b> <i>Includes:</i> <ul style="list-style-type: none"> <li>• problems of adjustment to life cycle transitions;</li> <li>• atypical parenting situation;</li> <li>• living alone;</li> <li>• acculturation difficulty;</li> <li>• social exclusion and rejection; and</li> <li>• target of perceived adverse discrimination and persecution.</li> </ul>
6	<input type="checkbox"/>	<input type="checkbox"/>	<b>Problems related to certain psychosocial circumstances</b> <i>Includes:</i> <ul style="list-style-type: none"> <li>• problems related to unwanted pregnancy;</li> <li>• problems related to multiparity;</li> <li>• seeking and accepting physical, nutritional and chemical interventions known to be hazardous and harmful;</li> <li>• seeking and accepting behavioural and psychological interventions known to be hazardous or harmful; and</li> <li>• discord with counsellors.</li> </ul>
7	<input type="checkbox"/>	<input type="checkbox"/>	<b>Problems related to other psychosocial circumstances</b> <i>Includes:</i> <ul style="list-style-type: none"> <li>• conviction in civil and criminal proceedings without imprisonment;</li> <li>• imprisonment and other incarceration;</li> <li>• problems related to release from prison;</li> <li>• problems related to other legal circumstances;</li> <li>• victim of crime and terrorism;</li> <li>• exposure to disaster; and</li> <li>• war and other hostilities.</li> </ul>

### FIHS scoring

The summary score derived from the items is simply the count of positive (Yes) responses.

### The ICD10-AM code descriptors constituting the Factors Influencing Health Status checklist (FIHS)

If any of the FIHS items are checked as being present during an inpatient admission (that is, if they “required specific intervention or additional treatment resources” during the admission) then they qualify as comorbid conditions that should be coded, using ICD10-AM, in the relevant diagnostic fields of the patient record. This will appear in the *National Minimum Data Set – Admitted Patient Mental Health Care*, and in fact it should be possible to calculate the FIHS score from the routine inpatient record, properly coded. So as to facilitate that coding, the table below maps the FIHS items onto the corresponding ICD10-AM version 3 codes.

**T74: Maltreatment syndromes (FIHS Item 1)**

Includes: Neglect or abandonment (T74.0); Physical abuse (T74.1); Sexual abuse (T74.2); Psychological abuse (T74.3). *Excludes: Other maltreatment syndromes (T74.8); Maltreatment syndrome, unspecified (T74.9)*

**Z61: Problems related to negative life events in childhood (FIHS Item 2)**

Includes: Loss of love relationship in childhood (Z61.0); Removal from home in childhood (Z61.1); Altered pattern of family relationships in childhood (Z61.2); Problems related to alleged sexual abuse of child by person within primary support group (Z61.4); Problems related to alleged sexual abuse of child by person outside primary support group (Z61.5); Problems related to alleged physical abuse of child (Z61.6); Personal frightening experience in childhood (Z61.7); Other negative life events in childhood (Z61.8). *Excludes: Events resulting in loss of self-esteem in childhood (Z61.3); Negative life event in childhood, unspecified (Z61.9)*

**Z62: Problems related to upbringing (FIHS Item 3)**

Includes: Inadequate parental supervision and control (Z62.0); Parental overprotection (Z62.1); Institutional upbringing (Z62.2); Hostility towards and scapegoating of child (Z62.3); Emotional neglect of child (Z62.4); Other problems related to neglect in upbringing (Z62.5); Inappropriate parental pressure and other abnormal qualities of upbringing (Z62.6); Other specified problems related to upbringing (Z62.8). *Excludes: Problem related to upbringing, unspecified (Z62.9)*

**Z63: Problems related to primary support group, including family circumstances (FIHS Item 4)**

Includes: Problems in relationship with spouse or partner (Z63.0); Problems in relationship with parents and in-laws (Z63.1); Inadequate family support (Z63.2); Absence of family member (Z63.3); Disappearance and death of family member (Z63.4); Disruption of family by separation and divorce (Z63.5); Dependant relative needing care at home (Z63.6); Other stressful life events affecting family and household (Z63.7); Other specified problems related to primary support group (Z63.8); problem related to primary support group, unspecified (Z63.9).

**Z60: Problems related to social environment (FIHS Item 5)**

Includes: Problems of adjustment to lifecycle transitions (Z60.0); Atypical parenting situation (Z60.1); Living alone (Z60.2); Acculturation difficulty (Z60.3); Social exclusion and rejection (Z60.4); Target of perceived adverse discrimination and persecution (Z60.5). *Excludes: Other problems related to social environment (Z60.8); Problem related to social environment, unspecified (Z60.9).*

**Z64: Problems related to certain psychosocial circumstances (FIHS Item 6)**

Includes: Problems related to unwanted pregnancy (Z64.0); Problems related to multiparity (Z64.1); Seeking and accepting physical, nutritional and chemical interventions known to be hazardous and harmful (Z64.2); Seeking and accepting behavioural and psychological interventions known to be hazardous and harmful (Z64.3); Discord with counsellors (Z64.4). *Excludes: Substance dependence.*

**Z65: Problems related to other psychosocial circumstances (FIHS Item 7)**

Includes: Conviction in civil and criminal proceedings without imprisonment (Z65.0); Imprisonment and other incarceration (Z65.1); Problems related to release from prison (Z65.2); Problems related to other legal circumstances (Z65.3); Victim of crime and terrorism (Z65.4); Exposure to disaster, war or other hostilities (Z65.5). *Excludes: Other specified problems related to social circumstances (Z65.8); Problem related to unspecified psychosocial circumstance (Z65.9).*