

Behavior and Symptom Identification Scale (BASIS – 32)

The Behavior and Symptom Identification Scale (BASIS – 32) is not in the public domain. Information about the BASIS – 32 is available from the McLean Hospital website at <https://www.ebasis.org/basis32>.

The BASIS – 32 was developed in the early 1990's by a team in the United States for use in outcome assessment. It is described by its authors as being derived from consumer perspectives and covers the major symptoms and functioning difficulties often experienced by people as a result of a mental illness.

The BASIS - 32 asks the consumer to respond to 32 questions that assess the extent to which the person has been experiencing difficulties on a range of dimensions. The items differ slightly in their format but each one offers a choice of five responses. The consumer can respond by simply ticking the box to indicate whether they are having no difficulty; a little difficulty; moderate difficulty; quite a bit of difficulty; and extreme difficulty.

The 32 items are grouped into five domains, representing:

- Relation to self and others;
- Daily living and role functioning;
- Depression and anxiety;
- Impulsive and addictive behaviour; and
- Psychosis.

Scores can be derived for each of these groups, and for the whole scale.